

JBSA

LEGACY

WWW.JBSA.MIL

JOINT BASE SAN ANTONIO

JANUARY 28, 2022



PHOTO BY AIRMAN JOSHUA ROSARIO

U.S. Army Capt. Mihye Lee, Army Institute of Surgical Research burn critical care nurse, prepares to treat a simulated patient at Joint Base San Antonio-Lackland Jan. 12.

59th MDW performs first CCATT training mission

Page 18



Air Force Citizen Airman's road to recovery

Page 17



Medical NCOA welcomes new commandant

Page 7

Commentary: Mentorship, an Airman's perspective

By Senior Airman Shelby Pruitt
502ND AIR BASE WING PUBLIC AFFAIRS

While mentorship seems like the Air Force's latest buzzword, it's my favorite part of being a service member.

Since I enlisted, the most common questions I hear from my peers are "What is a mentor," "How do I find a mentor" and "Why is mentorship so important."

I've realized not everyone is fortunate enough to have the leaders surrounding them that I have had. Because of this, I've made it a priority to give my insight and promote mentorship from a junior enlisted perspective.

Followers are invaluable

To state my feelings about mentorship in a few words, I came up with, "Senior leaders are valuable, but junior followers are INvaluable."

We know senior leaders are extremely valuable. Their experience, wisdom and overall life experience are all reasons they are in senior leadership positions in the first place.

As for us junior followers, we are invaluable. Why? Because we are the future. We are the ones taking what senior leaders teach us and fighting future wars.

Airmen empowerment

I believe a lot of Airmen don't see their importance in the Air Force, and therefore don't prioritize mentorship. I want the junior enlisted tier to understand the power we hold at this moment in our careers.

Ultimately, if senior leaders fail to develop us, they fail the Air Force. They are doing a disservice to the total force by not investing in those who will be taking their place.

If generations of Airmen rose through the ranks without being mentored and molded, there would be no change or improvement in the force.

Mentors: Not only diverse, but infinite

I don't think there is a clear definition of mentorship. It can be with whomever, about whatever, and whenever.

Gaining a perspective from outside your career field is some of the best

insight you can get. An outsider's view on the way other units do things, or how topics are discussed may be completely different from what you may be used to; that is where growth and innovation begin to spark!

Another unique perspective can be from the civilian workforce. Civilians are a group of individuals often overlooked when it comes to mentorship, just because they don't share the same uniform. Typically, they are an unbiased source that can provide education, experience and tools that military members may not have.

Mentorship isn't a one-way street

Mentorship from above is the most common form of mentorship. It allows personal experiences and wisdom to be learned and provides a role model to emulate as you develop.

On the other hand, Airmen, and the "subordinate," can mentor too. This is vital because we provide insight and feedback to the leaders who make the decisions about the Air Force in its entirety. Leaders need our innovative minds, our side of the story and our ingenuity to build a better force.

Don't forget about mentoring laterally. Usually, Airmen relate to other Airmen, providing a safe zone for open conversation.

It's vital to prioritize developing each other, because ultimately, that is who you will end up working beside your entire career.

Mentorship can be personal or professional. There is no set list of topics that are supposed to be talked about. The purpose of mentorship is development, whether it be within the Air Force or not.

Building relationships: Easier than you think

Too often, I see programs that pick your mentor based on some impersonal questionnaire. With this, it's a little more difficult to have a natural relationship where you can reap the benefits. A personal connection is necessary to form a lasting mentorship partnership!

The easiest way to start up the conversation and develop this

relationship is to reach out and put yourself in opportunities to organically meet new people.

A few routes to seek mentorship are:

- Facebook Groups (a few I'm a part of — there are TONS):
- » Voice for Military Women - Past and Present
- » Like-Minded Military Investments
- » USAF Commissioning Mentorship
- » Leadership University
- » AF Quarantine University
- » Air Force Wingman Outreach

Outside organizations:

- » Toastmasters
- » AFSA
- » Airmen's Council, Rising 5/6, Top 3, Chief's Group
- » First Sergeants Council
- » Dorm Council
- » Unit Booster Clubs
- » Commander's Calls
- » Off-duty events
- » M&FRC Courses
- » Bullet Tracking, Mentor Connection, Course & Competencies, Development Goal Plans

It's all up to you

On the topic of self-sufficiency, I want to mention something very important ... although it is their duty to mentor and develop the lower enlisted force, senior leaders won't and don't have to help Airmen who do not care about themselves or the Air Force.

In other words ... have initiative! You've probably heard the following phrase at least once in your career: "The person that cares the most about your career is you." This is very true. As junior enlisted Airmen, we may not have much control over anything, but we DO have control over ourselves.

All this is to say that mentorship is important. And as Airmen, we have the ability and resources to seek mentorship anytime, anywhere, any place. It is our right and you best believe ... I'm going to use it!

Editor's note: The appearance of the names of certain organizations does not imply endorsement.

JBSA LEGACY

Joint Base San Antonio Editorial Staff

502nd Air Base Wing
and JBSA Commander

BRIG. GEN.

CAROLINE M. MILLER

502nd ABW/JBSA
Public Affairs Director

LT. COL. GINA "FLASH" McKEEN

Editor
STEVE ELLIOTT

Staff
LORI BULTMAN
DAVID DEKUNDER
JASON WILKINSON
SENIOR AIRMAN
TYLER MCQUISTON

JBSA LEGACY
ADVERTISEMENT OFFICE
EN COMMUNITIES
P.O. BOX 2171
SAN ANTONIO, TEXAS 78297
210-250-2052

This Department of Defense newspaper is an authorized publication for members of the DoD. Contents of the JBSA Legacy are not necessarily the official views of, or endorsed by, the U.S. Government, the DoD, or the U.S. Air Force.

Published by EN Communities a private firm in no way connected with the U.S. Air Force under exclusive written contract with the 502nd Air Base Wing and Joint Base San Antonio. The editorial content of this publication is the responsibility of the 502nd Air Base Wing Public Affairs Office.

Everything advertised in this publication will be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any non-merit factor of the purchaser, user, or patron.

Feedback Fridays

Brig. Gen. Caroline M. Miller

502D AIR BASE WING AND JOINT BASE
SAN ANTONIO COMMANDER

Feedback Fridays is a weekly forum that aims to connect the 502d Air Base Wing with members of the Joint Base San Antonio community. Questions are collected during commander's calls, town hall meetings and throughout the week.

If you have a question or concern, please send an email to jbsapublicaffairs@gmail.com using the subject line "Feedback Fridays."

Questions will be further researched and published as information becomes available.

Q: Is there a standard or minimum

COVID-19 mitigation guidance for Air Education and Training Command graduation events?

There are relatively robust mitigation measures publicized for BMT graduation, but relatively loose mitigation measures in place for other formal AETC graduation events on JBSA installations, in terms of occupancy limits and COVID-19 screening of civilian guests.

A: We appreciate you reaching out for clarification.

An updated COVID-19 Guidance Memorandum was released Jan. 4, 2022, which may help answer some of your questions! This memo sets the baseline

for all JBSA facilities, personnel and events however, units within JBSA are authorized to increase mitigation measures as they see fit.

To see Guidance Memorandum #64, visit <https://go.usa.gov/xtb5d>.

Q: Hello. Can you please advise our JBSA teammates that the Emergency Department at Brooke Army Medical Center and the Family Emergency Center at Wilford Hall Ambulatory Surgical Center are strictly for emergencies?

We are concerned that unnecessary visits to the ER are taking away from patients that require a higher level of care by overtasking these emergency department healthcare professionals. These emergency departments should be used for patients that require immediate emergency care only.

A: We understand your concern.

With the increased local incidence rate of COVID-19, an influx of individuals seeking tests is expected.

We concur that our emergency departments should be utilized according to urgency. Fortunately, our medical professionals offer various testing sites across JBSA to help mediate this need:

► Brooke Army Medical Center: First floor parking garage (Monday-Friday from 8 a.m. to noon)

► Wilford Hall Ambulatory Surgical Center: Ground floor of parking garage (Monday-Friday from 8 to 10 a.m.)

The 59th Medical Wing has provided more information on COVID-19 testing sites operations; click for details at <https://go.usa.gov/xtbNu>.

We continue to appreciate our medical first responder's dedication to the health and safety of our JBSA community.

Digital memorial pays tribute to service members who died

By David Vergun

DOD NEWS

The Defense Department recently launched the Military In Lasting Tribute webpages at <https://tribute.militaryonesource.mil/> to honor service members who died while serving on active duty.

The pages include peacetime deaths, according to Deb Skillman, director of Casualty, Mortuary Affairs and Military Funeral Honors.

"The site is a destination for family members to view, remember, honor and share the sacrifice of their service members with other family members and friends, their networks, extended survivor community and military family," Skillman said.

"This digital memorial serves as an enduring tribute to military heroes, who will forever be part of our military community. It recognizes service members who died while serving honorably on active duty from 1985 to the present," she said.

Although the digital memorial has only been available for several weeks, officials have received nearly 700 requests from families asking that memorial webpages be created for their loved ones, and that information has been posted, Skillman said. She said she expects many more requests to be made in the coming weeks and months.

The submission process is open to family members who have the service

member's pertinent information, which can be found on the "Report of Casualty," DD Form 1300, Skillman said.

Once a service member's name is verified, a page will be posted with the honoree's name, branch of service, rank and date of death, along with a photo or a service branch seal if a photo is not available.

Visitors to the digital memorial can view information on all honorees. Visitors may also share the link to an honoree's page via email or social media.

Lisa Valentine, program manager for Casualty, Mortuary Affairs and Military Funeral Honors, has received feedback from the family members of those who died. She said they are grateful to have a place where they can memorialize their loved ones.

"This is extremely important, especially for those who have peacetime deaths where that person may have deployed three times and then died of cancer. Or maybe they died of suicide as a result of PTSD, and now they have a place where they'll be honored," she said. Valentine also spoke to veterans who were overcome with emotion after seeing digital memorials to buddies who had died.

Skillman said each service member on the digital memorial has loved ones and those they served with who will always remember them.

Air Force Senior Airman Andres Reano is among those included in the

digital memorial. He died Aug. 25, 2015.

During an interview, Reano's mother, Samira Chagua, shared some of her memories of her son when he was growing up in Florida. Chagua said he was good in school and joined the Air Force when he graduated from high school in 2012. She said he loved the military, loved his job as a C-130J airplane crew chief and loved to travel.

His overseas duty stations included Ramstein Air Base, Germany, and Yokota Air Base, Japan.

Reano was also a very dedicated and hard worker. His supervisor at Ramstein, retired Air Force Chief Master Sgt. Roger Cromwell, said working with Reano was a pleasure.

"Seeing Reano was always a highlight in my day working with him in Germany. He was one of my superstars. A great crew chief with loads of energy and future potential. I watched him come to work at 1:30 p.m. many days when his shift didn't start until 4 p.m. He wanted to have his tools checked and be ready. The Air Force and his friends and family lost a great guy here. Rest in peace, buddy!"

Chagua said her son enjoyed playing with Legos. She still has a Legos model of a C-130J that he adored. She also has fond memories of taking him to Florida theme parks.

"It's painful, you know, to lose him, but, you know, at least I have memories," she said, adding that the digital memorial

will help keep those memories alive.

The Defense Manpower Data Center has tracked more than 47,000 deaths of service members on active-duty status since Jan. 1, 1985. Casualty and Mortuary Affairs has access to those records.

Hard copy records of anyone who died before 1985 are kept at the National Personnel Records Center. The center is not able at this time to handle a lot of requests due to the COVID-19 pandemic, according to a spokesman for the center.

Skillman said that once things return to normal, tribute webpages may include digital memorials for service members who died before 1985.

Family members of veterans who honorably served at any time, active, reserve, retired or separated, may also contact the Department of Veterans Affairs. The VA also has a Veterans Legacy Memorial.

Gina Jackson, a spokesperson for the VA, said the 3.9 million veterans interred in a VA national cemetery plus 500,000 veterans interred in 93 state veterans cemeteries have a Veterans Legacy Memorial listing with the information found on the veteran's headstone or marker. In addition, any member of the public can add written tributes and photos or upload documents or other content. All content is reviewed by moderators before it is posted.

Also, some veteran service organizations honor those who have served in a variety of ways.

JBSA First Sergeant Diamond Sharp Awards

Joint Base San Antonio First Sergeants Council

The Diamond Sharp Award is sponsored by the Joint Base San Antonio First Sergeants Council and recognizes outstanding Airmen who continually exceed the standard to meet the Air Force mission.

Tech. Sgt. Cameron J. Near

Unit: 959th Inpatient Operations Squadron
Duty title: NCOIC, Nursing Operations
Time in service: 8 years
Hometown: Erie, Colorado



Tech. Sgt.
Cameron J. Near

Tech. Sgt. Cameron J. Near oversaw the Department of Clinical Inpatient Services training coordinators for the MHS Genesis rollout. He led six individuals to pair trainings and user access for 1,342 accounts while correcting 782 errors. Near also spearheaded the squadron's effort to build a new enlisted training records program. This program will feed in to Joint Base San Antonio for use by the 4N field.

Tech. Sgt. Donnie J. Snyder

Unit: 668th Alteration and Installation Squadron
Duty title: MEAR Structural Planner
Time in service: 13 years
Hometown: Cadiz, Kentucky



Tech. Sgt.
Donnie J. Snyder

After the devastating tornados that spread across western Kentucky, Tech. Sgt. Donnie J. Snyder volunteered for three days with a charity in Mayfield, Kentucky, cleaning up debris from the storms. In the following weeks, Snyder collected donations around the squadron and Joint Base San Antonio area. During the holiday break, he Snyder delivered three pallets full of donations, including baby supplies, non-perishable foods, toiletry and cleaning

supplies as well as coats and bedding. Snyder's selflessness was on full display as he also raised \$600 which he used to purchase building supplies.

Senior Airman Kyla Johnson

Unit: 59th Dental Support Squadron
Duty title: Dental Laboratory Technician
Time in service: 4 years and 4 months
Hometown: San Antonio, Texas



Senior Airman
Kyla Johnson

Senior Airman Kyla Johnson filled in as the orthodontics laboratory non-commissioned officer in charge for two weeks, overseeing production and providing laboratory support for 19 dentists. She expedited more than 30 same-day prostheses. Johnson led our new dental residents on a walkthrough of the clinic, as well as briefed occupational safety and environmental hazards. She showed her commitment to duty by volunteering 40 hours at the COVID-19 vaccination line, where she directed

and screened 1,670 patients. Johnson expertly maintained the lab's \$12,000 equipment inventory and guided the acquisition for three equipment upgrades.

Senior Airman Erik A. Landeros

Unit: 802nd Security Forces Squadron
Duty title: Patrolman
Time in service: 5 years
Hometown: Hayward, California



Senior Airman
Erik A. Landeros

Senior Airman Erik A. Landeros took it upon himself to contact local charity SAMministries to help collect donations of food and toiletries. He set out multiple donation points and collected \$2,000 worth of supplies to help more than 500 people. Landeros ensured this delivery was made prior to the holidays to help families avoid being without meals. He also

assisted in the delivery and sorting of all. His selfless dedication to his community helped build relations and embodies service before self.

Senior Airman Mavin Raboy

Unit: Joint Personal Property Shipping Office-South Central
Duty title: Shipment Distribution Technician
Time in service: 4 years
Hometown: Manila, Philippines



Senior Airman
Mavin Raboy

During December 2021, Senior Airman Mavin Raboy booked 361 personal property shipments across nine states and 31 installations, identifying 87 discrepancies saving the government \$6,000 in diversion charges. In addition, he resolved 250 customer inquiries, ensuring shipments were serviced in a timely manner, validating \$881,000 in government expenditure. Raboy also led a fundraiser, securing \$2,750 in 48 hours

as the Unit Advisory Council Treasurer for 95 joint-service personnel, acquiring 100 gifts for the unit's holiday raffle.

Airman 1st Class Brianna Marig Quinonez

Unit: 90th Cyber Operations Squadron
Duty title: Cyber Systems Operator
Time in service: 2 years, 1 month
Hometown: El Paso, Texas



Airman 1st Class
Brianna Marig Quinonez

Airman 1st Class Brianna Marig Quinonez is the lead airman of the 90th COS support flight and one of its primary technicians. She has continuously sought new opportunities to expand her technical skills and knowledge. She has worked and completed over 100 tickets for the month of December and is currently the lead tech in an upcoming Authorized Service Interruption that will allow the installation of solar panels for buildings 2028, 2049 and 2058. At the moment, Quinonez is taking three college classes (ASL, history and art appreciation) to complete her CCAF, as well as studying to receive her Amazon Web Services certification.

How to get urgent care under your TRICARE health plan

By TRICARE Communications

Do you have an injury or illness that isn't quite serious enough for a trip to the emergency room? This might be the right time to go to an urgent care center. Most TRICARE beneficiaries can go to an urgent care center whenever they need to. You just want to be sure to check out and follow the urgent care rules for your health plan.

"Urgent care might be an option for you if you don't believe you have an emergency," said Dr. Stacy Usher, lead nurse of Clinical Oversight and Integration for the TRICARE Health Plan. "Urgent medical conditions are usually ones that aren't considered emergencies, but still require professional medical attention within 24 hours. Examples might include a small cut that might need stitches, a fever, or a sprained ankle."

Emergency care means care for an illness or injury that threatens your life, limb, sight, or safety. If you reasonably believe you have an emergency, always call 911 or your international emergency number. Or, go to the nearest emergency room.

If you have questions about your injury or illness, you can call the Military Health System Nurse Advice Line. Nurses are available 24/7 to help you find the care you need. Are you in the U.S., Guam, or Puerto Rico? If yes, call 1-800-874-2273 and choose option 1. You can find other countries' numbers on the website.

Different health plans have different rules for getting urgent care. These rules depend on your status.

Active Duty Service Members

Active duty service members, or ADMS, in TRICARE Prime or TRICARE Overseas Program (TOP) Prime should seek urgent care at a



COURTESY PHOTO

Most TRICARE beneficiaries can go to an urgent care center whenever they need to. Learn more about urgent care and the rules for your health plan, so you know where and when to go if you need care.

military hospital or clinic when available. To seek civilian urgent care, ADMS need a referral. However, if you're an ADMS in TRICARE Prime Remote, you don't need a referral. In this case, you can get urgent care from any TRICARE-authorized urgent care center or network provider.

ADMS must follow up with their primary care manager when they get care outside of a military hospital or clinic. This is in accordance with Department of Defense and service regulations.

Active Duty Family Members

Active duty family members (ADFM) in TRICARE Prime or TRICARE Select don't need a referral for urgent care. When possible, you should go to a TRICARE network provider or a TRICARE-authorized (network or non-network) urgent care center. This will help you avoid more out-of-pocket costs. If you're a family member and get urgent care from a non-network provider

outside of a TRICARE-authorized urgent care center, you'll have to pay point-of-service cost-shares.

Retirees and Family Members

If you're a retiree or retiree family member in TRICARE Prime or TRICARE Select, you can get urgent care from any TRICARE-authorized urgent care center without a referral. You should see a TRICARE network provider to avoid more out-of-pocket costs.

National Guard, Reservists, and Family Members

National Guard, Reservists, and their eligible family members who are enrolled in TRICARE Reserve Select don't need a referral for urgent care. Retired Reservists (including National Guard members) and their eligible family members who are enrolled in TRICARE Retired Reserve also don't need a referral for urgent care. When possible, you should go to a TRICARE network

provider. Or, you can go to a TRICARE-authorized (network or non-network) urgent care center to avoid more out-of-pocket costs. If you get urgent care from a non-network provider outside of a TRICARE-authorized urgent care center, you'll have to pay point-of-service cost-shares.

Urgent Care Overseas

Are you enrolled in a TRICARE overseas plan? If you're an ADFM seeking care overseas and are in TOP Prime or TOP Prime Remote, you must get pre-authorization from the TRICARE Overseas Program contractor. This will help make sure your urgent care visit is cashless and claimless. Without this authorization, you may have to pay the health care provider upfront and file a claim for reimbursement later. If you have an overseas plan and traveling stateside, you don't need a referral or authorization. You can get urgent care from any TRICARE-authorized urgent care center or network provider.

Are you enrolled in the US Family Health Plan? Go to your designated provider's website at www.usfhp.com/locate-a-provider/ to learn how your urgent care coverage works.

Would you like to know more about your potential costs? For details about all the network and non-network costs for urgent care, you can check out the TRICARE 2022 Costs and Fees Sheet. Or, you can choose your health plan and your status on the TRICARE Costs page to see your current costs.

Remember, urgent care is for minor medical issues. You can search online for a TRICARE-authorized urgent care center near you. You can also call your regional contractor for help finding an urgent care center. Learn more about urgent care, so you know where and when to go if you need care.

VA health records now display gender identity

Department of Veterans Affairs Public Affairs

The Department of Veterans Affairs began including gender identifiers in its national medical record system in December 2021 to help VA providers better understand and meet the health care needs of veterans.

Providing this option demonstrates the

agency's commitment to delivering care fitting the individual needs of veterans enrolled in VA health care, including transgender and gender-diverse veterans.

VA added transgender male, transgender female, non-binary, other or does not wish to disclose options to its new gender identity field.

"Our goal is to align the department's policies and procedures with the

president's vision for a more inclusive government," said VA Secretary Denis McDonough. "All veterans, all people, have a basic right to be identified as they define themselves. This is essential for their general well-being and overall health. Knowing the gender identity of transgender and gender-diverse veterans helps us better serve them."

A person's gender identity conveys

essential information about who they are and may signal experiences of stigma and discrimination that can affect their health. VA health records now display both gender identity and preferred name, so VA staff can address the veteran appropriately.

Further information can be found in VHA Directive 1341 or at LGBTQ+ Health Program.

FORT SAM HOUSTON

Medical NCO Academy Institution of Excellence welcomes new commandant

By Jose E. Rodriguez

U.S. ARMY MEDICAL CENTER OF EXCELLENCE
PUBLIC AFFAIRS

The U.S. Army Medical Center of Excellence welcomed Command Sgt. Maj. Robert J. Jackson II as the 16th commandant of the Medical NCO Academy Institution of Excellence at a change of responsibility ceremony at Joint Base San Antonio-Fort Sam Houston Jan 19.

Jackson comes to MEDCoE from serving as the 1st Medical Brigade Command Sergeant Major at Fort Hood, Texas. He replaces Command Sgt. Maj. Christopher Earle at the helm of the Medical NCOA as he transitions to retirement.

J.M. Harmon III, MEDCoE deputy to the commanding general, officiated over the event held at the Army Medical Department Museum. Due to illness, Earle was not able to attend the ceremony in person.

"Though it is hard to say goodbye to such an outstanding leader, changes in responsibility are a time-honored tradition that ensures our mission and our values endure," Harmon said.

"Although the NCOA mission is daunting, I have to tell you under Command Sgt. Maj. Earle's guidance, they are an extremely successful team.

"Your timing and professional demeanor were spot-on and just what the NCOA needed as we navigated the added stressors and challenges associated with the global pandemic over the last two years. CSM Earle, you have been a terrific commandant and great leader," Harmon added.

Among his accomplishments as 15th Medical NCOA commandant, Earle developed training plans to ensure that each team member was trained in the cross-functional areas and remained competent, capable and inspired. These efforts resulted in uninterrupted training to AMEDD NCOs stationed across the globe.

During the COVID-19 pandemic, this



Command Sgt. Maj. Robert J. Jackson II, the 16th commandant of the Medical NCOA, speaks at his change of responsibility ceremony at Joint Base San Antonio-Fort Sam Houston Jan 19.

JOSE E. RODRIGUEZ

team created one of the first COVID-19 distancing protocols that were described as an installation best practice and subsequently implemented at the installation level during the first few critical weeks of the pandemic.

In addition, after the COVID-19 vaccine was approved for use, Earle and the team focused on ensuring the health of the unit, as well as that of the surrounding community, were protected by ensuring a near 100% COVID-19 vaccination rate within the NCOA.

"Command Sgt. Maj. Earle, good luck to you and your family as you transition to a well-deserved retirement," Harmon said in his closing comments. "I know you will excel in anything you do in the future and will continue to be a friend and supporter of Army Medicine and the MEDCoE mission."

"As I'm honored to serve as the 16th commandant of the Medical NCOA, being entrusted to this mission to provide the institutional development of our noncommissioned officers is a noble mission and one that I gladly accept," Jackson said as he addressed the audience.

"I look forward to serving the Soldiers, and when I say Soldiers, everybody is a Soldier," Jackson said. "It doesn't matter what rank you hold on your chest; you are a Soldier to somebody. I am proud to serve with all the Soldiers and civilians at the NCO Academy and continue to provide the foundation needed for our noncommissioned officers. I'm looking forward to being part of the Medical Center of Excellence team. Backbone Seven signing on."

The Medical NCO Academy

Institution of Excellence provides sergeants, staff sergeants and sergeants first class with the technical, tactical, and leadership/trainer skills necessary to be successful in Army operations as squad/platoon sergeants and first sergeants in career management field (CMF) 68.

Leadership and professional skills are reinforced in a blended learning environment enhanced by technology. Courses consist of resident training, mobile training and distributed learning platforms designed to influence and provide the leadership foundation upon which the Army bases its future NCOs and is essential to growing a highly trained and effective fighting force.

To learn more about the Medical NCOA, visit <https://medcoe.army.mil/ncoa.new>.

JBSA launches mandatory active threat virtual training

By Robert P. Vickers

502ND SECURITY FORCES GROUP PLANS AND PROGRAMS MANAGER

Active threat training at Joint Base San Antonio has gone virtual, thanks to the efforts of several 502nd Air Base Wing organizations.

In late 2020, the 502nd Security Forces Group was directed to facilitate active shooter response training across the Joint Base San Antonio community.

In collaboration with the Air Education and Training Command, members from the 502nd Air Base Wing began work to transform active shooter training at JBSA.

Active shooter training outside of a security forces squadron typically involves briefings provided by defenders at unit commander's calls. Base exercises are usually narrowly focused on a single "play facility," with limited participation.

At the time, Brig. Gen Caroline M. Miller, 502nd ABW and JBSA commander, published an operations order outlining the processes to significantly transform Joint Base San

Antonio's response to active shooter education.

"Active attack training can mean the difference between life and death," Miller said. "Every commander needs to delegate a representative from their unit to complete the training. That representative will need to share active shooter protocol with their unit to ensure that everyone knows how to handle an active shooter situation."

The 502nd SFG originally intended to develop and provide quarterly training to JBSA unit-level antiterrorism representatives, who would then train their unit personnel.

Unfortunately, the ongoing impact of the COVID-19 pandemic and associated health and safety restrictions prevented large gatherings of personnel, which greatly hampered the 502nd SFG's ability to provide the training as originally designed.

Working with the 502nd ABW Public Affairs multimedia office, the 502nd SFG set out to design a virtual course that could be fielded and taken by all JBSA

community members, while maintaining the higher priorities of social distancing protocols at the time.

Over an 11-month period, with assistance from the 502nd Communications Squadron, the Security Forces and Public Affairs teams created a virtual course and implemented the online course across multimedia platforms.

The active shooter virtual training has been fielded through the use of the Air Force Network, or AFNET, Sharepoint site for those JBSA community members within the AFNET Structure and can be accessed at https://usaf.dps.mil/teams/aetc/lackland/502SFG/Active_Shooter/index.aspx. The virtual course must be accessed through the use of the Microsoft Edge internet browser.

JBSA-Fort Sam Houston members not loaded onto the AFNET system can

contact the 502nd Communications Squadron office at 502CS.SCOKW@us.af.mil to request access. Once access is granted, the course's web address can be used.

Once an individual starts the course, they can pause the course at any time. However, if they exit the course before finishing, they will be directed to re-initiate from the beginning, as the course will not pick up where you left off.

The course takes approximately 45 minutes to complete if taken without stopping.

To learn more about active shooter training, visit <https://www.beready.af.mil/Disasters-Emergencies/Man-Made-Incident/Active-Shooter/>.

Capt. Kayshel Trudell of Air Education and Training Command Public Affairs and Sabrina Fine of 502nd Air Base Wing Public Affairs contributed to this article.

Senior Airman Jose Sanchez (right) and Staff Sgt. Matthew Moncivais, 902nd Security Forces Squadron, enter a room during an active shooter exercise Aug 28, 2019, at Joint Base San Antonio-Randolph.

SABRINA FINE



FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT

Exhibit C-3

Statement of Revenues, Expenditures, and Changes in

Fund Balances - Governmental Funds

For the Year Ended August 31, 2021

Data Control Codes	General Fund	Capital Projects	Other Funds	Total Governmental Funds
Revenues				
5700 Local and Intermediate Sources	\$ 93,597	\$ -	\$ 2,005,801	\$ 2,099,398
5800 State Program Revenues	14,870,404	-	231,400	15,101,804
5900 Federal Program Revenues	12,501,525	-	2,066,308	14,567,833
5000 Total Revenues	27,465,526	-	4,303,509	31,769,035
Expenditures				
Current:				
0011 Instruction	12,448,137	-	2,343,375	14,791,512
0012 Instructional Resources and Media Services	310,275	-	37	310,312
0013 Curriculum & Instructional Staff Development	622,461	-	66,103	688,564
0021 Instructional Leadership	276,584	-	360,638	637,222
0023 School Leadership	1,424,340	-	12,655	1,436,995
0031 Guidance, Counseling, and Evaluation Services	574,279	-	579,446	1,153,725
0033 Health Services	314,342	-	4,571	318,913
0034 Student (Pupil) Transportation	544,559	-	12,125	556,684
0035 Food Services	28,556	-	794,536	823,092
0036 Extracurricular Activities	819,547	-	14,651	834,198
0041 General Administration	1,126,665	-	41,549	1,168,214
0051 Plant Maintenance and Operations	2,923,594	-	45,579	2,969,173
0052 Security and Monitoring Services	159,385	-	1,700	161,085
0053 Data Processing Services	929,715	-	20,386	950,101
0081 Facilities Acquisition and Construction	-	3,459,031	-	3,459,031
0093 Payments to Fiscal Agent/Member Districts of SJA	1,051,405	-	-	1,051,405
6030 Total Expenditures	23,553,844	3,459,031	4,297,351	31,310,226
1100 Excess (Deficiency) of Revenues Over (Under) Expenditures	3,911,682	(3,459,031)	6,158	458,809
Other Financing Sources (Uses)				
7915 Transfers In	-	3,459,031	31,506	3,490,537
8911 Transfers Out (Use)	(3,559,649)	-	-	(3,559,649)
7080 Total Other Financing Sources (Uses)	(3,559,649)	3,459,031	31,506	(69,112)
1200 Net Change in Fund Balances	352,033	-	37,664	389,697
0100 Fund Balance - September 1 (Beginning)	14,381,377	178,526	147,348	14,707,251
1300 Prior Period Adjustment	-	-	1,427	1,427
3000 Fund Balance - August 31 (Ending)	\$ 14,733,410	\$ 178,526	\$ 186,439	\$ 15,098,375

San Antonio Market leaders ask for patience during MHS GENESIS transition, COVID-19 uptick

By Lori Newman

BROOKE ARMY MEDICAL CENTER
PUBLIC AFFAIRS

Beneficiaries are experiencing some delays in services due to the high levels of COVID-19 transmission in the community and the San Antonio Market's transition to MHS GENESIS on Jan. 22.

As a result of the increased demand, the Consult and Appointment Management Office, or CAMO, and Nurse Advice lines are currently experiencing a high call volume leading to longer than normal wait times.

"We absolutely understand our patients' frustration and are working diligently to provide them safe, quality, timely care during this busy time," said Army Col. (Dr.) Timothy Switaj, San Antonio Market assistant director for clinical operations.

"We want to ensure our patients know they have alternate options for seeking care to help avoid delays in service," he added.


Patient tips

Rather than wait on hold, patients are encouraged to use TRICARE Online at <https://www.tricareonline.com> to make an appointment or to send a secure message to their primary care team. The healthcare team can answer questions and provide guidance on ways to expedite care, such as prescription renewals, pre-visit tests or virtual visit options.



As a reminder, the MHS GENESIS Patient Portal will replace TRICARE Online after the Jan. 22 records transfer. Patients can access the new Portal using the same DS Logon at <https://myaccess.dmdc.osd.mil/>. To access the Portal, visit <https://patientportal.mhs.genesis.health.mil>.

Patients can also explore various virtual health options to include Humana's Doctor on Demand service at <https://ent.doctorondemand.com/humana> for urgent care. There are no costs associated with using the virtual telehealth services offered by Humana, however, eligibility and referral requirements vary. Visit HumanaMilitary.com/Telemedicine for more information.

For same-day care, beneficiaries who use TRICARE Prime, or any other TRICARE plan, can visit a TRICARE-authorized network Urgent Care Clinic without a referral (active duty members must have a referral for a UCC). Patients may have a cost-share or co-pay associated




**MILITARY HEALTH SYSTEM
MHS GENESIS**

Beginning Jan. 22, 2022, Brooke Army Medical Center will transition to our new electronic health record, MHS GENESIS. Patients can expect to see an increase in wait times and a reduction in available appointments. Patients can take steps to prepare for the MHS GENESIS implementation, to include:

- **CALL THE NAL: (800) 874-2273, OPTION 1** | The Nurse Advice Line can triage and assist with obtaining appropriate care.
- **SAME DAY CARE**
Patients are encouraged to call the appointment line first, 210-916-9900, to check for open appointments. If there is no availability, you can visit a TRICARE-authorized urgent care center for same-day acute needs. AD members MUST have a referral, which can be obtained from the NAL. Non-active Duty beneficiaries DO NOT need a referral to receive care at a TRICARE-authorized urgent care center and may create an account and receive acute telehealth services from "Doctor on Demand" at <https://doctorondemand.com/microsite/humanamilitary>.
Beneficiaries can go to any UCC of their choosing, or visit one of the pre-screened sites, to include any MedPost UCC, NextCare UCC or Little Spurs UCC (pediatric only).
- **PHARMACY**
Beneficiaries should be sure to have prescription refills on hand or look into using a TRICARE network retail pharmacy or the mail-order service. To avoid long lines on base, consider transferring your Rx to a civilian pharmacy or mail order at <https://www.tricare.mil/homedelivery> (copays may be required). Alternatively, patients can use one of JBSA ScriptCenter kiosks.
 - Brooke Army Medical Center Medical Mall
 - JBSA-Ft Sam Houston Exchange
 - WHASC (First Floor, B Wing)
- **SPECIALTY CARE**
BAMC may need to temporarily defer specialty care to the network. For questions regarding a network referral, patients should contact their clinic or PCM team. Please ensure the clinic has a correct contact number on hand for referral purposes and that your phone accepts unknown calls.
- **IMMUNIZATIONS** | By appointment only. Patients can schedule their appointment by calling CAMO (210) 916-9900.
- **MHS GENESIS PATIENT PORTAL** | <https://patientportal.mhsgenesis.health.mil>
Beneficiaries are encouraged to register for access to the new patient portal at <https://myaccess.dmdc.osd.mil/> or follow the QR Code. TRICARE Online Secure Messaging will no longer work after Jan. 22, 2022.



COURTESY GRAPHIC

with a visit to a partner or network UCC. For more information, visit <https://tricare.mil/CoveredServices/IsItCovered/UrgentCare>.

San Antonio Market leaders have coordinated with several UCCs within the TRICARE network to ensure support during this challenging time, Switaj noted. Beneficiaries can go to any UCC of their choosing, or visit one of the pre-screened sites, including any MedPost UCC, NextCare UCC or Little Spurs UCC (pediatric only).

Benefits advisors are also available to assist TRICARE Plus and TRICARE for Life beneficiaries needing assistance in locating a Medicare provider or explanation of their benefits by emailing usarmy.jbsa.medcom-bamc.list.bamc-bcacdao@mail.mil or calling 210-916-3586 or 210-916-2793.

The Nurse Advice Line, or NAL, is available for consultation 24/7 by calling 800-874-2273, Option 1. As a reminder,

active duty service members CANNOT use the telehealth services or go to a partner or network UCC without a referral. However, they can contact the NAL to assist with obtaining the necessary referrals.

COVID-19 impacts

Along with the appointment and Nurse Advice lines, the BAMC Emergency Department and WHASC Family Emergency Center have also seen an increase in volume due to the high rates of COVID-19 transmission.

"We have experienced an influx of patients seeking COVID-19 testing only, which is creating delays for our emergency patients," said Army Col. (Dr.) Jason Bothwell, chief, Department of Emergency Medicine.

To help mitigate delays, BAMC has temporarily expanded its screening and testing hours of operation to Monday-Friday from 8 a.m. to 3 p.m. in the

parking garage and has operated additional pop-up testing sites over the weekend based on daily demand. WHASC screening and testing are also available weekdays from 8 a.m. to 10 a.m. on the ground floor in the parking garage.

For patients with COVID-19 or suspected COVID-19, it's important to monitor symptoms and proceed to an emergency room when needed, Bothwell said.

"Patients should come to the ED if they are experiencing emergency warning signs for COVID-19 such as trouble breathing, continued chest pain or pressure, new confusion or inability to arouse, and bluish lips or face," he said. "If you develop any of these symptoms, get medical attention immediately. Be sure to let the emergency room or 911 dispatcher know in advance if you believe you have COVID-19."

Market leaders continue to look for innovative ways to improve access to care during this challenging time.

Interservice Physician Assistant Program graduates newest class of physician assistants

By Randy Mitchell

NAVAL MEDICAL FORCES SUPPORT COMMAND
PUBLIC AFFAIRS

The Interservice Physician Assistant Program, or IPAP, recently graduated Class 20-3, the last of 2021, and one that met many challenges due to COVID-19 during the 29-month long biphasic master's program in physician assistant studies at Joint Base San Antonio-Fort Sam Houston.

Rear Adm. Cynthia Kuehner, commander of Naval Medical Forces Support Command, along with Command Master Chief Jason Reynolds, were on hand to witness the graduation. It is the largest Physician Assistant program in the United States and enrolls approximately 250 students per year from each of the services that provide medical care, including Marines.

The students in Class 20-3 completed Phase 1 (approximately 64 weeks in duration) of academic instruction conducted at the U.S. Army Medical Center of Excellence at JBSA-Fort Sam Houston, which included courses of instruction in the basic sciences of anatomy, physiology, chemistry, laboratory sciences, microbiology, internal medicine, preventive medicine, pharmacology, human behavior, physical evaluation, infectious disease, neurology, dental sciences, orthopedics, obstetrics, gynecology, pediatrics, emergency medicine, surgery, dermatology and health care administration.

The new PA candidates head to Phase 2 training of the program, approximately 52 weeks, which places the student/candidate into a structured clinical training environment at one of the various military, Department of Defense or affiliated civilian medical treatment facilities.

Phase 2 training includes rotations in ambulatory care, internal medicine, emergency medicine, preventive medicine and occupational health, surgery, orthopedics and podiatry, dermatology, obstetrics and gynecology, pediatrics, psychiatry, laboratory and radiology.

Upon graduation of both phases, each student is awarded a Masters in Physician Assistant Studies and takes a national certifying examination called the Physician Assistant National



COURTESY GRAPHIC

Certification Exam, or PANCE. After passing the PANCE, each PA is now "certified" and is able to practice medicine under the supervision of a physician.

Thirteen Sailors and one active duty Marine were among the graduates. The graduates will be placed in primary care clinics in the United States and at overseas locations, with a few going to operational units that are either deployed or deployable.

One of the Sailors that graduated is now-officer candidate Lee E. Boujie, a Navy Master Chief Petty Officer, who spent a great majority of his Navy career working as a special operations independent duty corpsman serving within Marine Reconnaissance and Special Operations. Boujie will now be assigned to Camp Lejeune, North Carolina, where he will spend the next 13 months completing Phase II training.

"Admittedly, there are advantages and disadvantages to coming from a medical background, but the pressure to succeed, mental and emotional stressors are ubiquitous throughout the course," Boujie said. "My brother passed away while I was going through IPAP, as did two other classmates' loved ones. Nevertheless, IPAP kept going. Fortunately, with us being primarily online, I was able to attend my brother's funeral and still

attend class and test online."

Boujie found the IPAP program an incredibly demanding program — mentally, emotionally and at times, spiritually that required an incredible amount of sacrifice, focus, emotional intelligence, and aptitude no matter your background.

"Also, no matter how comfortable one might feel their grasp of medicine is, there are multiple subjects and concepts here at IPAP that will challenge not only that command of medicine but your ability to assimilate, synthesize, understand, and demonstrate your comprehension," Boujie added.

Navy Medicine continues to increase physician assistant billets within operational units in the Navy and Marine Corps.

"This integration of PAs into operational forces can be seen as a welcomed change when considering that IPAP takes prior enlisted, some of which have served within both Navy and Marine operational units for a majority of their careers and require little to no acclimatization to the operational lexicon, tactics, techniques or procedures," said Lt. Cmdr. Lance Beahm, Interservice Physician Assistant Program Navy Senior Service Representative.

This shift in talent management affords PAs and medical officers alike

"This integration of PAs into operational forces can be seen as a welcomed change when considering that IPAP takes prior enlisted, some of which have served within both Navy and Marine operational units for a majority of their careers and require little to no acclimatization to the operational lexicon, tactics, techniques or procedures."

Lt. Cmdr. Lance Beahm, Interservice Physician Assistant Program
Navy Senior Service Representative

with many opportunities.

First, as was the intent of creating PAs, it bridges the gap in medical providers. Second, this move offers increased billet structure, diverse operational experience, and career progression. Lastly, it affords medical officers the opportunity to see a variety of sick patients (young and old), while keeping their knowledge, skills and abilities that would normally atrophy seeing predominantly healthy 20- to 50-year-old Sailors and Marines, Beahm added.

According to Boujie, regardless of the change, one thing remains clear. Whether you're a physician, PA, nurse, Corpsman or civilian, the mission remains the same, caring for those who serve.

"To this day, I still get phone calls from old teammates asking me for medical advice for them, a loved one, and their pets or to interpret a study or lab result," Boujie said.

"To some, this may appear burdensome or even rude," Boujie added. "However, I would offer that it's when they don't call, or ask for help, that you should do some introspection and ask yourself, why? And who did they end up calling instead of you? It is a privilege and one that I have had the honor of doing for the past 20 years, both as a Hospital Corpsman, and soon to be, Naval officer and physician assistant."



JOINT BASE SAN ANTONIO

FORCE SUPPORT SQUADRON

Monthly Events

February

Attention

Due to COVID-19 event times and dates may change, and for the safety of both staff and customers, current HPCON guidance will be followed at all locations.

Bowling

Couples participate in a tournament

Celebrate Valentine's Day at the JBSA-Randolph Bowling Center by bowling in the Sweetheart Mixed Doubles Tournament. Held Feb. 13, 12:30 p.m. The price is \$30 per couple and doors open at noon. Sign up in advance at the Bowling Center. For more information, please call 210-652-6271.

Patrons save money over the holiday

Come out to the JBSA-Randolph Bowling Center Feb. 19-20 to celebrate the President's Day Holiday Weekend. The special bowling rate is \$2.75 (excluding Galactic Bowling) per game, per person with \$3 shoe rental. 210-652-6271.

Bowlers enjoy special rates

The JBSA-Fort Sam Houston Bowling Center offers patrons three games of bowling for \$5 every Tuesday and Wednesday from opening to closing. For more information, please call 210-221-4740.

The JBSA-Lackland Skylark Bowling Center invites everyone to come by during regular business hours every Tuesday for \$5 bowling. Bowl three games for \$5. Patrons can also come by every Friday from 11 a.m. to 3 p.m. and get a full hour of bowling for only \$7.50. For more information please call 210-671-1234.

Patrons bowl under the stars

The JBSA-Fort Sam Houston Bowling Center holds cosmic bowling every Saturday from 4-9 p.m. everyone is invited to come out and enjoy this party under the lights at cosmic bowling while a DJ provides musical entertainment. For more information, call 210-221-4740.

Check out the JBSA-Randolph Bowling Center Saturdays from 6-9 p.m. for Galactic Bowling. Galactic Bowling features cosmic lights combined with LED Center Punch Deck Lighting, LED Lane Capping, LED Ceiling Lights and is enhanced with three 118" projection screens playing "mom approved" music videos. Select your preferred exciting option to bowl at the special rate of \$15 per hour per hour of bowling. For more information, call 210-652-7271.

Clubs

Bingo fun is at the club

Bingo takes place at the JBSA-Randolph Kendrick Club every Sunday, 3 p.m. and Monday-Thursday, 6:30 p.m. in the ballroom. Admission is free for members and \$10 for nonmembers. Members have the chance to win full

jackpots and nonmembers can try to win half jackpots. Don't forget to play every Tuesday and Wednesday to qualify for the monthly member prize give-away.

Bingo Extravaganza is held Feb. 7 and 28, 6:30 p.m. Join us for a chance to win a larger jackpot. Birthday Bingo is held Feb. 8. Club members with a birthday in February receive a complimentary bingo machine. Randolph Club members only along with ID and proof of membership required. For more information, call 210-652-3056.

Couples attend a Valentine's dance

Celebrate Valentine's Day with a wonderful evening of dining and dancing at the JBSA-Lackland Gateway Club Feb. 12, 5-9 p.m. The menu features a glass of champagne with fanned strawberry, spring blend salad with strawberries, mandarin oranges, blueberries and topped with feta cheese and raspberry vinaigrette, rib eye steak with three spicy jumbo shrimp, duchess potatoes, roasted asparagus with red pepper strips, rolls, iced tea, coffee and red velvet cake covered with strawberries. DJ Tony Style and OMG Sounds will provide the musical entertainment. Reservations only as there is limited seating. The last day to make a reservation is Feb. 9. No coupons accepted for this event. The cost for this fantastic evening is \$35 for club members and \$40 for non-members. For more information, call 210-645-7034.

Everyone is invited to come celebrate their love with the JBSA-Parr Club Feb. 14, 5-8 p.m. with a Valentine's Day Dinner and Dance. The main dishes on the buffet will include a prime rib carving station, chicken Milano, mashed potatoes with gravy, fettuccine, roasted California blend, dinner rolls, and a tuxedo cheesecake for dessert. Vegetarian options will be available. Members will be greeted with a complimentary glass of champagne and two chocolate covered strawberries will be available for purchase for \$10. Entertainment is provided by the Mark Odom band. A cash bar will be available throughout the evening. Patrons may begin making reservations on Jan. 22 by calling the cashier's cage at 210-658-7445, Monday-Friday from 10 a.m. to 3 p.m. or email jbsarandolphclubs@gmail.com. The last day to cancel your reservation with a refund is Feb. 11. No refunds will be issued after this date. Coupons, club bucks, or gift certificates are not accepted as payment for this event. The cost for this fantastic evening is \$45 for club members and \$55 for non-members. For more information please call 210-658-7445.

Patrons watch the big game in style

The JBSA-Randolph Kendrick Club invites everyone to come out Feb. 13, 4 p.m. for the Big Game Party. Held in Gil's Pub, prizes will be given away during the game to members. For more information, please call 210-658-3557.

The JBSA-Lackland Gateway Club holds a Big Game watch party Feb. 13, 4-10 p.m. in the Lone Star Lounge.

Come out and cheer for a favorite team, or just enjoy the last game of the season. The bar menu will be available from 4-9 p.m. For more information, call 210-645-7034.

Diners take advantage of the monthly food specials

Dine in at Gil's Pub located inside the JBSA-Randolph Kendrick Club, Bldg. 1039 from 11 a.m. to 1:30 p.m. The monthly special for Feb. is a fish sandwich with chips, featuring beer battered fried fish on a toasted Kaiser roll with tartar sauce and pickles for \$8.95. For more information please call 210-658-3557.

Family meals are made to go

Busy week? Let the JBSA-Randolph Parr Club do the cooking. The Parr Club is offering family meals of fried or baked chicken, fried or smothered pork chops, chicken fried steak, meatloaf and savory sides. Orders must be placed at least one day before the pickup date. To place an order, call 210-569-2510. Orders can also be placed at jbsarandolphclubs@gmail.com or at memberplanet.com.

Patrons unwind after a long week

The JBSA-Lackland Gateway Club hosts Variety Night every Friday, 5-10 p.m. Come by and start the weekend off right as DJ Tony Style plays a wide variety of music in the Lone Star Lounge. Relax in the lounge or enjoy the weather out on the patio with pool tables and big screen TVs. For more information, please call 210-645-7034.

Canyon Lake

Patrons learn a new skill

Enjoy the cooler weather at JBSA Recreation Park @ Canyon Lake while learning a new skill at the Dutch Oven Cooking Class. Come out Feb. 26, 1-2 p.m. and learn to make some scrumptious treats for family and friends. The cost for this class is \$20 per person and all supplies are included. To reserve your spot, please call 830-964-3576 or email jbsalodgingres@gmail.com.

Customers save money with an annual pass

Purchase a Joint Base San Antonio Recreation Park @ Canyon Lake annual pass for \$75. Buy one and enjoy the lake all summer. This pass gets you into the both Sunny Side and Hancock Cove sides of the facility. Otherwise, the daily entry fee for the park is \$10 per visit, per vehicle. Annual passes include a vehicle and boat/trailer pass and are valid for one year from date of issue. Annual pass holders are not charged the boat launch fee. For more information, call 830-226-5357.

Patrons save money while having fun on the water

Come out to the JBSA Recreation Park @ Canyon Lake any time in Feb. and get 25% off a boat rental and enjoy a free ski package. The price includes all required safety equipment such as life vests but does not include fuel. Now is a great time to take advantage of a less crowded

JBSA FSS

lake and save money. Email jbsamarinasuper@gmail.com for reservations. Patrons must have taken the Boater's Safety Course through the State of Texas to be able to rent a boat.

All month long in Feb. patrons can rent a kayak, paddle board or canoe for one hour and get a second hour free. For more information please call 830-964-3576.

Community Services

The theater puts on a show

Head out to the JBSA-Fort Sam Houston, Fort Sam Houston Theater till Feb. 19, for a presentation of "Elvis has Left the Building". It's December 20th, 1970, and Elvis Presley has disappeared. No one, not even his wily manager, "The Colonel", knows of his whereabouts. But the Colonel is all shook up because he has racked up a secret debt -- and with the King himself missing, the only way to pay it off is to find an Elvis impersonator within 24 hours. Hi-jinks ensue as the Colonel takes desperate measures to replace a man who is irreplaceable, all while keeping the prying eyes of a nosy reporter at bay and figuring out what happened to the real Elvis.

Doors for these shows open at 7 p.m. and the show starts at 8 p.m. Ticket prices are \$22 for adults, \$10 for children 12 and younger and \$18 for military students. This show is sponsored by THE GUNN AUTOMOTIVE GROUP and GEICO. No federal endorsement of sponsor intended. Please note all civilian reservations must be made by Tuesday at noon to gain gate access for the weekend shows. For more information or to make a reservation, call 210-222-9694.

Patrons keep their cars road ready

Let the JBSA-Lackland Auto Hobby Shop technicians prepare your vehicle for any vacations planned during the hottest season of the year. The full service department provides tune-ups, charging system tests, oil changes, undercarriage, suspension and drive-line inspections, A/C systems performance test, repairs, Texas state inspections and more. The self-service side gives the do-it-yourself crowd a place to work on a vehicle and access to many tools that may not be in a home garage. Moreover, since COVID-19 is still around, the Auto Hobby Shop is still offering a complete vehicle disinfection service for only \$35. To make an appointment, call 210-671-3549. Please note the following changes in business hours: Tuesday and Thursday from 10 a.m. to 7 p.m., Wednesday and Friday from 9 a.m., to 6 p.m. Saturday from 8 a.m. to 5 p.m. and is closed Sunday and Monday.

Precious memories are framed for a lifetime

Both the JBSA-Lackland and the JBSA-Randolph Frame Shops offer discounted framing services for all framing needs. Their expert framer will help customer design a one of a kind custom frame to display those precious memories or special achievements. In addition, they will match any off-base price on a comparable custom framing job. For questions about framing, please call 210-671-5503 for JBSA-Lackland or 210-652-5142, option 3 for JBSA-Randolph.

Equestrian Center

Customers go on trail rides every weekend

The JBSA-Fort Sam Houston Equestrian Center encourages everyone age 7 and older to come out for a trail ride. No experience is required and rides are by appointment only every Saturday and Sunday, 10 a.m. and 1 p.m. Trail rides are \$30 per rider. All riders must arrive 30 minutes prior to their appointment time. Adults must accompany children under the age of 13. Riders must be at least 4 feet, 6 inches tall and weigh no more than 200 pounds. Weekday trail rides, group rides and team-building rides are available by appointment for \$40 per person. To make reservations, call 210-224-7207.

For the smaller riders that aren't quite ready for trail rides the equestrian center also offers parent-led pony rides for \$10 for children age 6 and younger. Pony rides are offered every Saturday and Sunday from 10 a.m. to 2 p.m. Adults must accompany their children and availability is on a first come, first served basis. Pony rides can also be coordinated for weekdays on an appointment basis as well as for parties or other special events held on site. A covered deck is available for small parties for half-day use for \$50. For more information, call 210-224-7207.



JBSA-RANDOLPH RAMBLER FITNESS CENTER

VALENTINE DAY

RUN • BIKE • RUN

FEB. 12 • 8 A.M.

Bring your valentine, your friend or just a partner to Elsie Park to push your limits by first running a 5k, then biking 10 miles and last but not least running 1.5 Mile.

For more information, please call (210) 652-7265.

To ensure the safety of the staff and customers, we will require all participants to be fully vaccinated.

Logos for JBSA, ACE, JBSA-Lackland, JBSA-Randolph, and JBSA-Fort Sam Houston are displayed at the bottom.

Riders of all experience levels attend lessons

The JBSA-Fort Sam Houston Equestrian Center offers horseback riding lessons for beginners and advanced riders in both English and Western style riding. Therapeutic riding lessons are also available and taught by certified instructors. Horses, saddles and tack for lessons will be provided if needed. Patrons must be at least seven years old. The price is \$60 per hour for a private lesson, \$50

for semi-private and \$40 for group lessons. Lessons are available by appointment only most days of the week and in the evenings. Helmets are also available if needed for the lessons. For more information, call 210-224-7207.



JBSA-LACKLAND LEISURE TRAVEL

TRAVEL TALK

MONTHLY SERIES

11:30 A.M.

JANUARY 11 • FEBRUARY 8 • MARCH 8
APRIL 12 • MAY 10 • JUNE 14

Join us via **FACEBOOK LIVE** via the Joint Base San Antonio Information Tickets and Travel Facebook Page and get updates for attractions, pricing, travel deals, ask questions and talk about everything travel related.

For more information, call (210) 671-7111.

Logos for Facebook, ACE, JBSA-Lackland, JBSA-Randolph, and JBSA-Fort Sam Houston are displayed at the bottom.

Fitness

Competition heats up at the fitness centers

Athletes are invited to see who can complete the most pull-ups at the JBSA-Lackland Gillum Fitness Center Feb. 11 from 7 a.m. to 4 p.m. Patrons have one minute to complete as many pull-ups as they can. This event is open to all DoD ID cardholders. For more information, please call 210-977-2353.

Stop by the JBSA-Lackland Kelly Fitness Center Feb. 17, 7 a.m. to 2 p.m. Patrons have one minute to complete as many push-ups and sit-ups as they can. This event is open to all DoD ID cardholders. For more information, please call 210-925-4848.

Come find out who can lift the most weight at the JBSA-Fort Sam Houston Central Post Fitness Center Feb. 19 at 10:30 a.m. Men and women lift 1000 lbs. and 500 lbs. respectively, in a combined bench press, dead lift and squat challenge. Prizes are awarded to the man and woman with the heaviest lifts. This challenge is free and open to all DoD ID cardholders. For more information, please call 210-808-5709.

Patrons are invited to come out to the JBSA-Fort Sam Houston Central Post Fitness Center to see who can bench the most weight. Held every Monday, Wednesday and Friday in February from 6-11 a.m. There will be categories for men and women but no weight class. Each patron is to make sure a staff member verifies the

weight pressed each time. The man and woman who press the most weight will be awarded a prize at the end of the month. This is open to all DoD ID cardholders. For more information, please call 210-221-3593.

Patrons attempt to join the club

Come out to the Rambler Fitness Center to try to join the 100-Ton Club Feb. 12 during normal operating hours. The Club consists of members who have lifted 100 tons or more in one day. That's right; patrons must lift 100 tons of weight on any free weight or plate loaded machine in one day. Stop by the front desk and pick up a 100-Ton Log Book to track the weights lifted throughout the day. The 100 tons are achieved by taking the amount of weight used for an exercise times the number of repetitions for that exercise. Then add up the totals of every exercise performed throughout the day. If the goal of 100 tons is achieved at some point during the day, then just turn in the log book to the front desk to become a member of the magnificent Rambler 100-Ton Club and earn a T-shirt. For more information please call 210-652-7263.

Limits are pushed on Valentines Day

Bring your valentine, a friend, or just a partner to Eberle Park Feb. 12, 8 a.m. to push the limits in the Run/Bike/Run challenge. Participants will start running a 5K, then biking 10 miles and last but not least running 1.5 mile. For more information, please call 210-652-7263.

Couples tackle a workout challenge

Come try the Valentines Day Couples Workout Challenge Feb. 14, 11 a.m. at the JBSA-Lackland Warhawk Fitness Center. This fun and challenging workout is designed for couples. Our Fitness Trainer will lead participants through a variety of different exercises geared to burn calories and whip anyone in shape. Don't miss out on this fantastic fitness opportunity. For more information, call 210-671-2016.

Runners participate in a 5K

Run over to the JBSA-Fort Sam Houston Jimmy Brought Fitness Center Feb. 26, 8 a.m. for the Valentines Heart 5K Run/Walk. Registration starts the morning of the event at 7:30 a.m. The event is free and open to all DoD ID cardholders. Families/Strollers and pets are welcome. For more information call 210-221-1234.

Patrons have fun mixing up a workout routine

Take the Fit Bingo Challenge at the JBSA-Lackland Chaparral Fitness Center all month long in February. Fit Bingo is a series of 25 fitness, mindfulness exercises are listed in the boxes on the Bingo card. Complete five exercise in a row to achieve a bingo. Complete all 25 exercises, then turn in your bingo card to the front desk staff to receive a prize. Bingo cards can be picked up at the front desk. For more information, call 210-671-2401.

Golf

Golfers participate in a scramble

Come out to the JBSA-Fort Sam Houston Golf Course Feb. 4, 12-30 p.m. for the Warrior Golf Scramble. The cost for this golf scramble is \$30 for DoD ID cardholders and Fort Sam Houston Golf Club members and \$40 for

nonmembers. Price includes greens fee, golf cart and lunch for players. The event is limited to the first 60 paid players. Sign up through The Greens @ JBSA App. Golfers will be sent their start times and all the necessary information. For more information, call 210-222-9386.

Golfers celebrate The Big Game Feb. 13 with a two-player scramble at the JBSA-Lackland Gateway Golf Course. Starting 8:30 a.m. This is a two-player scramble with modified stableford scoring. Entry fee is \$50 per person plus greens fee and cart rental before Feb. 10 and \$60 per player after Feb. 10. The entry fee covers a tee gift, lunch and prizes following the round. This is the second event in the 2022 Gateway Cup series. For more information, call 210-671-3466.

Join the JBSA-Randolph Oaks Golf Course Feb. 21, 8 a.m. on Presidents' Day for a two-person scramble. The cost is \$20 dollars to enter plus cart and greens fee. Net and Gross will be paid to teams that place. The team handicap is the lower of the two handicaps. For more information please call 210-652-4653.

Couples enjoy a dinner

Join the JBSA-Fort Sam Houston Golf Course Feb. 12, 5:30-8:30 p.m. and enjoy the Valentine's Couples Dinner. The menu this year is an Italian themed menu with multiple options to choose from. We will have a house red and white wine along with a full bar available for purchase. Dinner is limited to the first 50 couples who purchase a ticket. Ticket prices are \$20 per person. Purchase price of ticket will go towards the balance of your bill. Tickets may be purchased in the Pro Shop or by calling the Pro Shop at 210-222-9386. Deadline to purchase tickets is COB Thursday, Feb. 10.

Information, Tickets and Tours

Patrons stay updated on travel deals

Tune into "Monthly Travel Talk" Feb. 8, 11:30 a.m. via Facebook Live on the Joint Base San Antonio Information Tickets and Travel Facebook Page, facebook.com/JBSAINFOOTICKETSANDTRAVEL. Get updates for attractions, pricing, travel deals, ask questions and talk about everything travel related. For more information please call the JBSA-Fort Sam Houston office at 210-808-1378, JBSA-Lackland at 210-671-3059, or JBSA-Randolph at 830-266-9333.

Rodeo tickets are here

Tickets for the 2022 San Antonio Stock Show and Rodeo are on sale now. DoD ID cardholders can purchase tickets for \$50 each at any of the three JBSA ITT locations during normal operating hours of 9 a.m. to 5 p.m. Tuesday-Saturday.

Each ID cardholder may purchase a maximum of four tickets per event. Purchasers must be able and willing to sign a contract acknowledging that these tickets are not eligible for refund or resale. Subject to availability. For more information please call JBSA-Fort Sam Houston at 210-808-1378, JBSA-Lackland at 210-671-3059, or JBSA-Randolph at 830-266-9333.

Military & Family Readiness

Workshop provides insight to divorce

Those who are separated or currently going through a divorce review information to help navigate the legal, financial, and emotional aspects of divorce during the virtual What to Expect When Expecting A Divorce workshop, Feb. 8, 10 a.m. to 2 p.m. To register, call 210-221-2705.

Transition assistance now offered for spouses

TAP Too, a workshop specifically designed to help military spouses prepare for the transition from military to civilian life due to the retirement or separation of service by their service member is slated for Feb. 9, 9 a.m. to 3 p.m. Learn about popular topics impacting our transitioning population, psychological aspects of transition, changes in financial obligations, and more. To register, call 210-652-5321.

Jobseekers gain valuable insight

Jobseekers attend a Resume Roundtable event, Feb. 22 from 11 a.m. to 2 p.m. at the JBSA-Lackland Arnold Hall Community Center to connect with connect with industry professionals, both federal and private sector, to review tips to help articulate accomplishments and credentials in their resume. To register, call 210-671-3722.

SFRG Fund Custodian training offered

Current and incoming Soldier and Family Readiness Group fund custodians attend a required training to review regulations for managing informal funds and fundraising. Feb. 22, 1-3 p.m. To register, call 210-221-2705.

Investment strategies help financial goals

Discuss the risks and rewards of investing, identify strategies to help reach your investment goals, and review

different saving options during the virtual Saving & Investments workshop, Feb. 24 from 10 a.m. to noon. To register, call 210-671-3722.

Biennial workshop for Voting Assistance Officers

A congressionally mandated Biennial Voting Assistance Officer Workshop facilitated by a Federal Voting Assistance Program Analyst from the Undersecretary of Defense is slated for Feb. 28 from 9-11 a.m. at the JBSA-Lackland Arnold Hall Community Center. VAOs from all branches of service are encouraged to attend. To register, call 210-671-3722.

Workshop helps nominate volunteers for awards

The JBSA-Military & Family Readiness Centers are accepting nomination packets for the 2022 JBSA Volunteer Awards Ceremony now through March 14. Virtual nomination writing workshops are scheduled for Feb. 3, 9-10 a.m. by JBSA-Randolph; Feb. 22, 2-3 p.m. by JBSA-Lackland; and Jan. 23, 1-2 p.m. by JBSA-Fort Sam Houston to review forms and submission process to identify a volunteer for recognition. To register, call JBSA-Randolph at 210-652-5321, JBSA-Lackland at 210-671-3722, or JBSA-Fort Sam Houston at 210-221-2705.

Outdoor Recreation

Concealed carry classes offered

The Camp Bullis Rod-N-Gun Recreation Center (RNGRC), bldg. 6215, is providing Concealed Handgun License (CHL) classes Feb. 12 and 26 from 8 a.m. to 1 p.m. Students must be 21 years old to register for the class, unless they are active-duty military age 18 or older. Students need to be familiar with their firearm; no first time shooters. Students must also meet Federal qualifications to purchase a handgun. The cost of the class is \$80. Successful completion of this class is required to apply for a Texas LTC license. To register, go to <http://www.chlregistration.com> and select "Register for Class" and then select "Dan Willis - Leatherneck Arms." For more information, call Mr. Dan Willis at 210-363-2332 or the RNGRC at 210-295-7577 or 210-296-7529.

Archery takes on another dimension

The 3-D Archery Range at Camp Bullis consists of a course with 30 life-like animal targets such as bears, black panthers, deer, alligators, etc. The targets are set up between 5 & 55 yards at unknown distances. Traditional (Long Bows and Recurve Bows) and Compound Bows are allowed but no Crossbows. The RNGRC has Recurve Bows available to rent for \$15 each.

Come out Feb. 26-27 for the 3-D Archery Competition. Registration for the Competition is between 8 a.m. and 10 a.m. The cost is \$10 for E-1 through E-4, active duty or medically retired, and \$20 for participants 13 years of age and older. The Fun Shoot Registration is between 8 a.m. and 11 a.m. The cost is \$5 for E1 through E4, active duty or medically retired, \$15 for 13 years of age and older and \$5 for youth 12 and younger. For more information, call 210-295-7577 or 210-295-7529.

Patrons rent all the recreation essentials

The JBSA-Fort Sam Houston Outdoor Equipment

Center has equipment rentals for everyone, to include camping, water fun, fishing boats, speedboats, sports and party equipment, tables, chairs and bouncy castles. There are also rental RV campers, mobile grills and portable grills. In addition, equipment rental has a resale car lot. For more information, call 210-221-5224 or 210-221-5225.

JBSA-Lackland Outdoor Recreation offers a full list of party items for summer fun to include tables, chairs, cotton candy machines, margarita machines, party speakers, champagne fountains and many more items. For more information, please call 210-925-5532.

The JBSA-Randolph Equipment Checkout has tables, chairs, canopies, ice chests, and water jugs that might be needed for those birthday parties, holiday dinners or backyard BBQ. Patrons can also rent roll-a-way beds with mattress, aluminum cots, and sleeping bags for great prices. For more information, visit the Community Service Mall, bldg. 895, or call 210-652-5640.

Boaters learn the rules of the water

All JBSA-Outdoor Recreation locations require a Boaters Safety Course certificate from Texas Parks and Wildlife in order for customers to rent our motorized watercraft over 15HP.

Approved Texas Boaters Safety

Courses can be taken online

at: <http://www.boaterexam.com>, <http://www.boat-ed.com> or <https://www.boatus.org/onlinecourse/Texas.asp>. For more information, call JBSA-Fort Sam Houston at 210-221-5224 or 210-221-5225, JBSA-Lackland at 210-925-5532 or 210-925-5533 and JBSA-Randolph can be reached at 210-652-5142.

Youth Programs

Youth get registered for baseball

JBSA Youth Programs is calling all youth to dust off their cleats and gloves and get ready to go for the baseball season. Registration is open Feb. 1-28. The cost is \$60 per youth. All youth must have a current annual physical, current immunizations to include the flu vaccine and a sports registration on file.

Volunteers are always requested for these programs. Anyone interested in making a difference in a youth's sports life can volunteer to be a coach at any of the three JBSA locations. To sign up, call JBSA-Fort Sam Houston Youth Programs at 210-221-3502, JBSA-Lackland Youth Programs 210-671-2388, or Randolph Youth Programs 210-652-3298.

Groundhog Day/Job Shadow

The JBSA-Fort Sam Houston W. Ed Parker Youth Programs is hosting a Groundhog Day Job Shadow event. This event is free to all youth members and their families. Come out Feb. 2 from 4:30-6 p.m. Vote early if "Phil" will see a shadow or not. Winning votes will be entered for a door prize. If winter is extended there will be free cocoa and if spring comes early then there will be free sugar cookies. In addition, partner up with your favorite team member at Youth Programs and see, feel, and experience what it takes to be a Youth Development professional. For more information please call 210-221-3502.

Youth attend a dance

The JBSA-Randolph Youth Programs takes the idea of the generic Valentine's Party and throws it out the window with Cupid's Silent Dance Party. Stop by Feb. 11 6:30-8:30 p.m. and enjoy this modern day twist. There will be plenty of music and dancing to be had. This event is for youth 9-12. The cost is \$5 for members and \$7 for non-members. To sign-up, please call 210-652-3298.

Youth, ages 9-12, are invited to celebrate Valentine's Day Feb. 11 from 5:30-7:30 p.m. at the JBSA-Lackland Youth Programs. Dress to impress and bring your dancing shoes for a fun filled night. The cost is \$3 for members and \$4 non-members. Space is limited. Sign-up deadline is Feb. 9. To make your reservation or for more information, please call 210-671-2388.

Parents are given a much needed break

Child and Youth Programs can give parents that much needed break through the GPAB or PNO Programs. These programs are for children 6 weeks to 12 years old. Cost is \$25 per child with a sibling discount or free with a Give Parents a Break referral. The last day to register is the Wednesday prior to the event.

JBSA-Fort Sam Houston Youth Programs hosts Parents Night Out Feb. 19 1-5 p.m. JBSA-Lackland Youth Programs Feb. 11, 6-10 p.m. and JBSA-Randolph on Feb. 19 1-5 p.m. For more information or to register, call JBSA-Fort Sam Houston at 210-221-3835 or 210-221-5151, JBSA-Lackland at 210-671-2388. And finally, to reach JBSA-Randolph please call 210-652-4946.

Youth party for the Big Game

Register for a table and watch the Big Game with JBSA Youth Programs Feb. 13, 5-10 p.m. Games, challenges, light snacks, and refreshments will be scheduled during the game. For those unable to attend in person, a virtual participation option is available. To register, call JBSA-Randolph at 210-652-3298 and make room for the fun. Transportation will be provided from JBSA-Fort Sam Houston and JBSA-Lackland locations.

STAYCONNECTED

Stay current on Joint Base San Antonio 502d Force Support Squadron events, specials and daily activities.

<https://jbsatoday.com>



Husband & wife MEDCoE doctoral students run to top spots in San Antonio Rock 'n' Roll Marathon

By David DeKunder

502ND AIR BASE WING PUBLIC AFFAIRS

A husband and wife who are doctoral students at the U.S. Army Medical Center of Excellence, or MEDCoE, at Joint Base San Antonio-Fort Sam Houston, made their mark running in the 2021 Humana Rock 'n' Roll San Antonio Marathon Dec. 4, 2021.

First Lt. Colin Marz was the overall winner in the marathon, while 1st Lt. Kristina Marz placed fifth in the women's division. The couple are graduate students in the Army-Baylor University Doctoral Program in Physical Therapy at MEDCoE. More than 14,000 people took part in the marathon.

Colin, 27, crossed the finish line in 2 hours, 43 minutes and 2 seconds on the 26.2-mile course which goes through the downtown streets and neighborhoods of San Antonio. The time was a personal best for him. Kristina, 25, also set a personal best time of 3 hours, 15

minutes and 3 seconds.

Colin said it was a surreal experience winning a marathon for the first time in his running career.

"It was a unique experience, it was cool to soak that in," he said. "The first thing I do is thank God because that's the most important thing with running for me, at least, is offering the relative gift that I'm given and just thanking God for the opportunity to run and do a thing I love and enjoy."

Colin took the lead in the race at the 20-mile mark on the course when he passed up the eventual runner-up Jon Day.

After he crossed the finish line, Colin said he wanted to know how Kristina was doing in her race.

"I wanted to see where Kristina was at in terms of tracking her on the race app," Colin said. "That was also a forefront on my mind."

Kristina said she felt good about her performance in the race, even though



First Lt. Colin Marz (right) was the overall winner in the 2021 Humana Rock 'n' Roll San Antonio Marathon Dec. 4, 2021, while 1st Lt. Kristina Marz placed fifth in the women's division.

COURTESY PHOTO

she didn't achieve her goal time of 3 hours and 8 minutes, coming up seven minutes short of that time.

"I really had a hard time in the second half of the race because I came out way too fast, but the ultimate goal is always to just finish, so I met that goal at least," she said.

"It was definitely cool to finish in the top five," Kristina added. "I think one of the coolest things about running, though, is that you're constantly competing with yourself and so while it's nice to have that competitive edge and compete with those around you, it's also consistently trying to beat your last time. It's kind of a never-ending competition with yourself. I think that's where a lot of my motivation comes from, to keep moving forward and the motivation to want to run more races and just see what you can do."

Colin said he and Kristina decided to run in the Rock 'n' Roll San Antonio Marathon because 2022 will be busy for them, as they will be devoting most of their time finishing up their studies and taking exams in the doctoral physical therapy program. They are both scheduled to graduate in August.

Both Kristina and Colin ran their first marathons in 2019. They met through the doctoral physical therapy program at MEDCoE. The couple celebrated their one-year wedding anniversary Jan. 16.

Colin said their relationship grew through running and that they encourage, support and push each other to get better.

He said there was one instance in which he had gone on a 5-mile run during school. When Colin got home, he received a text from Kristina stating she had run 7 miles that day. Colin said he then went on a 3-mile run to push his total of mileage he ran that day to eight.

"I think one of the biggest things is that we both understand it's an important thing, not just to us as individuals, but for our overall health and well-being," Colin said. "It's a healthy competition of you setting the standard today so now I have to set the standard, too."

The couple says they plan to continue running marathons in the future and they are considering running in an ultramarathon, a 50-miler, which will be held in April in Smithville, Texas, located approximately 45 miles east of Austin.

LACKLAND

Indestructible: Airman's road to recovery, struggle to return as C-5M Super Galaxy loadmaster

By Minnie Jones

433RD AIRLIFT WING PUBLIC AFFAIRS

Staff Sgt. Stuart Martin, an aircraft loadmaster, is assigned to the 68th Airlift Squadron, 433rd Airlift Wing at Joint Base San Antonio-Lackland. The loadmaster on the C-5M Super Galaxy is one of the most critical jobs in the Air Force. The loadmaster is responsible for loading and offloading the aircraft with people and cargo, and ensuring the security of the load, which is probably the most important job a loadmaster can do.

The job can be physically challenging. It requires loadmasters to bend down on their knees and sometimes on their stomachs on the deck of the aircraft to ensure the cargo is loaded correctly and securely.

Day of change

May 24, 2017, was a day like any other day. Twenty-six-year-old Martin hopped on his Harley-Davidson Sportster motorcycle, his pride and joy, and headed to school. Little did he know that the routine ride would change his life forever.

It was around noon when Martin said an SUV came out of nowhere and hit him in an intersection. The force of the collision sent him onto his side into the intersection. Despite the power of the collision, Martin was still conscious; and despite being hit, he was not feeling any pain. Then, as a take-charge person, Martin began yelling out commands to the bystanders. He remembers telling people to move him out of the intersection and get his cell phone for him.

As he looked around to

assess the situation, he knew his hand was injured but was unaware of the condition of his leg until he saw the look of shock on the face of the driver who hit him. As he followed her eyes, he glanced down at his left leg; he saw that it was shattered and somewhat disconnected.

Not long after that, the ambulance arrived, and he was rushed off to the hospital. At the hospital, the doctors were trying to determine a strategy of putting his leg back together again.

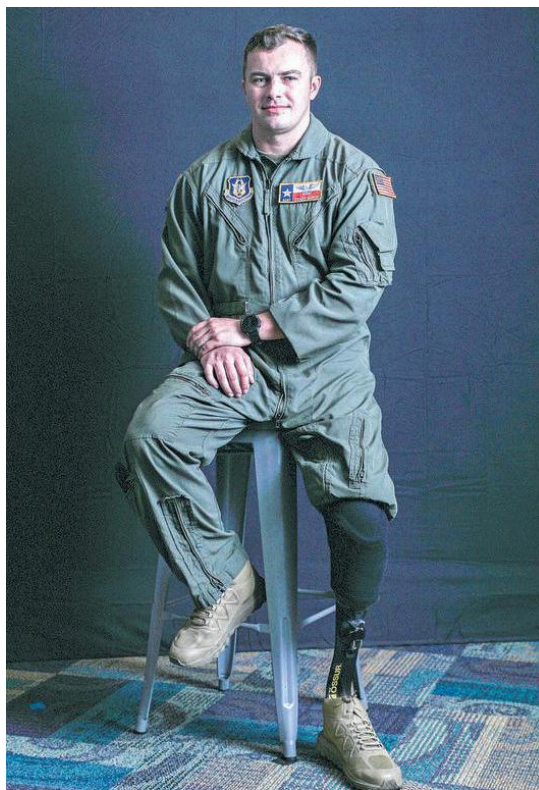
The initial prognosis wasn't good, but they were going to try. They told Martin that they would attempt to reconstruct his leg because they had recovered most of the parts of his leg. However, they could not guarantee that it would be entirely successful. Several conditions could arise after surgery, such as necrosis, the death of living tissues, or fusion of the bone.

The other option was to amputate it. Martin, without hesitation, said to the doctor, "If it's gone, it's gone."

The first person to arrive at the hospital was Master Sgt. Michael Lopez, Martin's supervisor, and his evaluator. Lopez received a call from his supervisor, who said Martin was in an accident and asked him to check on him at the hospital.

When Lopez arrived at the hospital, Martin was awake and alert.

"I was hoping he had his helmet on, and he did," Lopez said. However, when Lopez looked down at Martin's ankle, Lopez said to himself, "Oh my God, I mean, it was nothing holding it."



DREW PATTERSON

Staff Sgt. Stuart Martin, 68th Airlift Squadron loadmaster, who lost his left leg in a motorcycle accident in May 2017, was determined to gain his flight status back after a 4½ year journey.

As Martin lay in his bed before surgery, he walked Lopez through the accident. Martin told him that the doctor said he might lose his leg. Martin said to Lopez that he instructed the doctor to go ahead and amputate it.

Lopez said that despite the pain, losing his leg, and the

uncertainty of recovery, one of Stuart's primary concerns was whether he would be able to stay in the Air Force and remain on flight status. At that point, they both hoped that it was a possibility. However, Lopez told him that they would take it day by day.

The road to recovery

Three hours later, Lt. Col. Daniel King, 68th AS commander, and Martin's parents, who had driven four hours, arrived at the hospital just as Martin returned from surgery.

"I was thankful he was alive but sad about the circumstances," King said. "His family was incredibly supportive and really positive about it. They said, 'God has this, and we'll get through it.'"

The day after Stuart's accident and surgery to remove his leg, Col. James C. Miller, 433rd Operations Group commander, visited him in the hospital.

"When I entered the room, Stuart looked directly at me, and stated, 'Sir, this is just a minor setback; I'll be flying again; I promise.' His desire to rejoin the team that he loved to fly and serve with motivated everyone he was around," Miller said. "It was our honor to help him achieve that goal. Ultimately, all we had to do was keep out of his way as he pushed every limitation he had to be flying again. So again, it is an honor to be part of a team made up of Airmen like Stuart."

That was the first of six surgeries. After that, Martin spent 30 days at the University Hospital in San Antonio, recovering from the accident.

King began processing the paperwork to return Martin to duty. Martin was placed on no-points, no-pay, which is a status for Reservists still serving, but not participating.

"If I had to give advice to an Airman in a similar situation

RECOVERY continues on 20

59th Medical Wing performs first CCATT training mission

By Airman Joshua Rosario

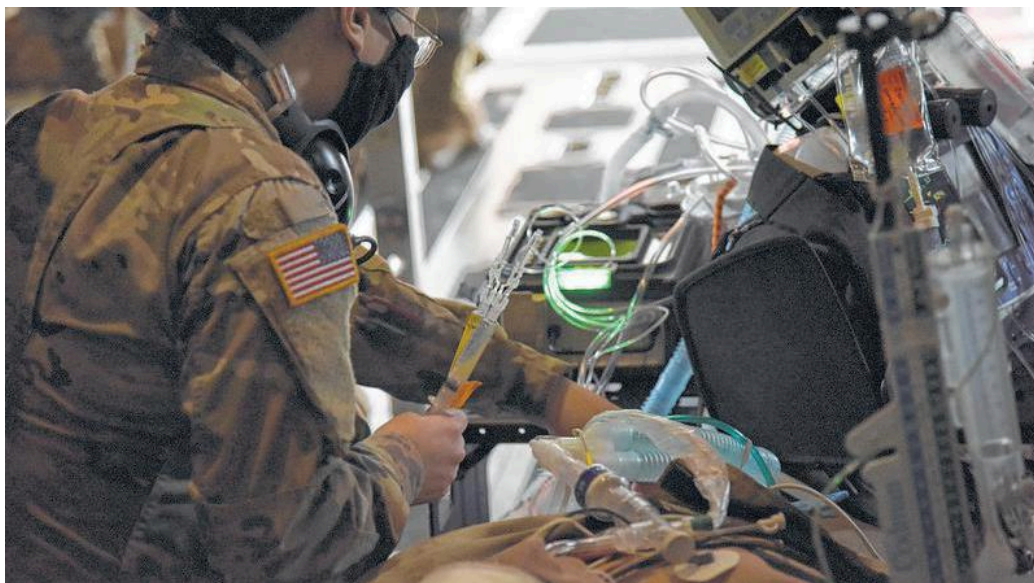
59TH MEDICAL WING PUBLIC AFFAIRS

The 59th Medical Wing at Joint Base San Antonio-Lackland performed the first-ever in-flight Critical Care Air Transport Team training mission Jan. 12.

This mission allowed the 59th MDW to create a realistic training environment for CCATT members. The CCATT is a team that specializes in aeromedical evacuation.



A member of the 59th Medical Wing's Critical Care Air Transport Team monitors a simulated patient's vitals during training at Joint Base San Antonio-Lackland Jan. 12.



PHOTOS BY AIRMAN JOSHUA ROSARIO

U.S. Army Capt. Mihye Lee, Army Institute of Surgical Research burn critical care nurse, prepares to treat a simulated patient at Joint Base San Antonio-Lackland Jan. 12.



Maj. John Hunninghake, 59th Medical Wing Critical Care Air Transport Team member, discusses a simulated patient's condition with another CCATT member at Joint Base San Antonio-Lackland Jan. 12.



Maj. Sydne Tobias, 59th Medical Wing Critical Care Air Transport Team member, examines a simulated patient during training at Joint Base San Antonio-Lackland Jan. 12.



An Air National Guard F-16 Fighting Falcon pilot prepares for takeoff at Joint Base San Antonio-Lackland during night operations Jan. 11.



Maj. Thomas Werner, an Air National Guard F-16 pilot assigned to the 149th Fighter Wing, inspects the aircraft for takeoff at Joint Base San Antonio-Lackland during night operations Jan. 11.

149th FW Fighting Falcons take flight at night

By Master Sgt. Mindy Bloem

149TH FIGHTER WING PUBLIC AFFAIRS

Air National Guard F-16 Fighting Falcons from the 149th Fighter Wing at Joint Base San Antonio-Lackland took to the skies for night operations Jan. 11, 2022.

Night flying plays an important part in the realistic training that student fighter pilots at the 149th Fighter Wing receive to help them stay combat-ready in various conditions, so they can deliver specialized air combat capabilities when needed.



Air National Guard Staff Sgt. Rhiannon Garcia-Cardenas, 182nd Fighter Squadron aircrew flight equipment technician, inspects a pilot's helmet during night operations Jan. 11.



An Air National Guard F-16 instructor pilot prepares his student for takeoff at the 149th Fighter Wing's ramp at Joint Base San Antonio-Lackland during night operations Jan. 11.

PHOTOS BY
MASTER SGT.
MINDY BLOEM

RECOVERY

From page 17

as this, I believe the most important thing that they would have to have, as far as my opinion, is perseverance,” King said.

“They need to know the process is incredibly challenging,” King said. “I knew of a couple of cases where people have come back, but I also knew the process was extremely tedious and lengthy. As a result, most people just give up on the process because it’s just a battle.”

Despite the battle to regain his certification, Martin made it to the last step in the process.

“The last chance we had, was the medical board, who normally don’t allow outsiders,” King said. “I went to the medical board with him and addressed the board in person by giving my opinion regarding his retainability. I believe going in person instead of them reading a letter from me was more important because they weren’t just reading a letter; they had to look at me.”

After meeting the board, Martin’s waiver was finally approved. He was then put on active-duty orders to complete his loadmaster recertification, which is required due to his time away from duty.

Lopez contributes the success of Martin’s recovery to his self-determination to heal both mentally and physically, and his attitude and not giving up. Lopez said the wing’s leadership, social support, wingmen, and the San Antonio communities that rallied around Martin were also critical to his recovery. Finally, it was Martin’s determination to do the job and not fall behind.

“I am not making fun of the other trainees, but walking around the aircraft is pretty difficult because you feel a lot of stuff with your feet, but Stuart hops around and moves around as well as anyone,” Lopez said.

Martin’s re-certification was completed on Nov. 30, 2021. He was in a non-flying status for about 2 1/2 years.

According to psychologytoday.com, support is critical in a person’s recovery; people are more successful with help from friends, family, and health care professionals. Martin said he had it all.

Within those four years, Martin has completely healed. He pointed to the support from the wing, his family, both spiritually and physically, his Air Force team members, and the motorcycle social networks as his driving forces.

Since the accident, Martin has

obtained his Bachelor of Science degree in kinesiology from the University of Texas at San Antonio, and a Master of Science degree in athletic training from Tarleton State University. In addition, he has participated in several half marathons and is looking forward to starting his civilian job in the next couple of months.

Another key to a full recovery is attitude. Despite what Martin had been through, there is always a smile on his face. When a person meets him, there is a calm demeanor about him. It is often said that recovery is person-driven; self-determination and self-direction are critical in recovering. After meeting Martin, he has all those characteristics.

One last hurdle

It has been a 4½ year journey. Although Martin has returned to duty, he still has one more hurdle to jump.

His current status does not allow him to participate in temporary duty assignments outside the continental United States. He intends on getting his full status reinstated and will not rest until he is back to being cleared for all flying statuses.

Having perspective

“I always accepted the risk when I got on to a motorcycle,” Martin said.

“However, I will admit this isn’t the outcome I ever expected. After my accident, I saw support, generosity, care and love from many people throughout my recovery. There were people I had known for years, people I had worked with, and people I didn’t even know personally, who encouraged me to pursue a most incredible life regardless of the injuries I’ve sustained.

It was an overwhelming wake-up from surgery, and I already had so many people there to care for me,” Martin added. “From the beginning, I knew I wanted to return to flight status. I enjoy being an Air Force Reservist; I’ve had the opportunity to continue my education and help others who have suffered injuries outside the Air Force.”

Martin talked about his struggles and hopes his story can help others who may be in a similar situation.

“My hope is that others see my story and are encouraged to pursue what they desire regardless of the barriers they might experience,” he said. “Additionally, there is still an entire fantastic life ahead for anyone who may suffer from a traumatic injury. And finally, I hope that as an example that service members can participate in physically demanding career fields even after suffering the loss of a limb.”

RANDOLPH

Deputy Chief of Staff for Manpower, Personnel and Services visits AFMAA

By Brian J. Valencia

502ND AIR BASE WING PUBLIC AFFAIRS

Lt. Gen. Brian Kelly, Air Force Deputy Chief of Staff for Manpower, Personnel and Services, visited the Air Force Manpower Analysis Agency at Joint Base San Antonio-Randolph Jan. 12, 2022.

Col. James Barger, AFMAA commander, and his team give a full mission brief on AFMAA and its structure and processes to the general. Kelly also recognized several Airmen for their contributions to the mission.

Kelly serves as senior Air Force officer responsible for plans and policies covering all life cycles of military and civilian personnel management, education and training, compensation, resource allocation and the worldwide U.S. Air Force services program.

The AFMAA mission is to shape Air Force and Department of Defense manpower resourcing decisions through the delivery of timely determinants, data analytics, consultant services, enterprise tools and training.



Col. James Barger (left), Air Force Manpower Analysis Agency commander, and his team give a full mission brief to Lt. Gen. Brian Kelly, Deputy Chief of Staff for Manpower, Personnel and Services, at Joint Base San Antonio-Randolph Jan. 12.

PHOTOS BY
BRIAN J. VALENCIA



Lt. Gen. Brian Kelly, Deputy Chief of Staff for Manpower, Personnel and Services, greets Airmen from the Air Force Manpower Analysis Agency at Joint Base San Antonio-Randolph Jan. 12.



Dr. Laura Walden, Air Force Manpower Analysis Agency director of training, engagement and outreach, briefs Lt. Gen. Brian Kelly, Deputy Chief of Staff for Manpower, Personnel and Services, during his visit to AFMAA at Joint Base San Antonio-Randolph Jan. 12.

Civilian Development nomination window opens; expanded eligibility

By Toni Whaley

AIR FORCE PERSONNEL CENTER PUBLIC AFFAIRS

The Air Force's Personnel Center is accepting nomination packages from Department of the Air Force civilians for more than 35 Civilian Development opportunities as of Jan. 18.

Civilian Airmen and Guardians can apply for up to four programs by submitting their application, resume, and additional documents, when prompted, through MyVector. Applicants must self-nominate no later than Feb. 25. Local organizations may establish earlier deadlines.

Complete applications, including chain of command endorsements, must arrive at AFPC through MyVector by March 18.

This year's Civilian Development portfolio reflects several changes in response to the 2021 Civilian Development survey. One change is the implementation of more virtual deliveries to give employees the same high-quality training without being away from family for travel and temporary duty, which was a recurring theme in the survey, said Jana Ramon, chief, Civilian Development office.

Some courses still require in-person delivery. Selectees for in-person, long-term training who reside outside the Continental United States, or OCONUS, must PCS to a stateside location prior to starting long-term civilian development training. Selectees will work on the PCS assignment in coordination with their respective Career Field Team, or CFT. While not a new requirement, it is something OCONUS individuals need to consider when applying, Ramon said.

Survey respondents also expressed interest in offering more opportunities for the newer civilian workforce.

"One of the former eligibility requirements to compete for developmental opportunities was having two years of federal civil service," Ramon said. "This prerequisite changed to two years federal service, which allows civilians with prior military or federal service (to include non-appropriated fund employment) to count their prior time toward the requirement and compete sooner."

Ramon added that Development Team chairs can waive the two-year federal service requirement for courses less than five days and there is no service

requirement for the Organizational Leadership Course.

The Civilian Development portfolio includes three categories of opportunities: Professional Military Education (basic, intermediate and senior developmental levels), Academic/Fellowships, and Leadership Seminars/Short Courses.

"All courses listed in the CD portfolio are mapped to the Department's institutional competencies, which are key to ensuring Airmen and Guardians can operate successfully in a constantly changing environment," said Becky Venters, chief, Civilian Development and Functional Training.

One of the long-term opportunities that emphasize leadership competency development for civilians in the grades of 13 through 15 is the Civilian Strategic Leader Program, or CSLP. The CSLP is the DAF's civilian enterprise-level developmental assignment program designed to provide selected GS-13s through GS-15s and equivalent with leadership opportunities that complement their functional expertise.

"This development program produces a highly-qualified leadership pipeline to meet future needs and mission requirements,"

said Craig Pearson, CSLP program manager here. "CSLP enhances the knowledge, skills, and abilities of participants by providing 36-month experiential assignments with enterprise and/or Department of Defense-wide impact."

The CSLP assignments exist in four categories: Joint/COCOM, Headquarters Air Force, MAJCOM, and installation level. Employees in the grade of GS-13 and equivalent interested in CSLP must apply through MyVector and via USAJobs for the associated open vacancy announcement. Those in permanent GS-14/15 positions and equivalent need only apply in MyVector.

All applicants who meet basic eligibility may apply for civilian development programs. Some career fields also require their applicants to have a Development Plan on file to apply for programs. Interested employees should contact their career field team (CFT) for specific guidance. CFT points of contact are available on myPers by selecting the appropriate career field at https://mypers.af.mil/app/answers/detail/a_id/13088.

To learn more, visit https://mypers.af.mil/app/answers/detail/a_id/13085/p/2.

12th FTW selects quarterly award winners

By Benjamin Faske

12TH FLYING TRAINING WING PUBLIC AFFAIRS

The 12th Flying Training Wing recently selected its fourth-quarter award winners for 2021.

The winners are:

- » Junior Enlisted: Senior Airman Jason Dudley- 306th Operations Support Squadron
- » NCO: Tech Sgt. Kevin Brodbeck- 558th Flying Training Squadron
- » Senior NCO: Master Sgt. Joshua Waite - 558th FTS
- » Company Grade Officer: Capt. Ilma Vallee - 12th Training Squadron
- » Civilian Category I Non-Supervisor: Christine Lassitter- 479th Flying Training Group
- » Civilian Category II Non-Supervisor: Amber Postlethwaite - 12th TRS
- » Civilian Category III Non-Supervisor: Ryan Sparkman - 12th TRS
- » Civilian Category II Supervisor: Heather Shotwell- 479th Student Squadron
- » Civilian Category III Supervisor: Tal Metzgar - 558th FTS
- » Field Grade Officer: Maj. Jaron Sandusky - 479th OSS

- » Flight/CC: Capt. Stuart Eichenberger - 98th FTS
 - » Instructor Combat Systems Officer: Capt. Katherine Meckler - 479th OSS
 - » Instructor Pilot: Maj. Erin McCormick - 455th FTS
 - » Enlisted Instructor: Staff Sgt. Tomas Mitchell - 479th OSS
 - » Wing Innovation (Individual Award): 2nd Lt. Alejandro Villanueva-Garcia - 94th FTS
 - » Wing Innovation (Team Award): Advanced Soaring Operations - 94th FTS
- "The 12th FTW's focus is to train Airmen in the fundamentals of Airmanship, Instruction, and Leadership. Every member of the wing is integral to each sortie, sim, jump, aircraft movement, academic class, and student/instructor interaction," said Col. Scott Rowe, 12th Flying Training Wing commander. "Our award winners, teams, and nominees consistently epitomized these qualities throughout the fourth quarter. Thank you for the excellence you continue to deliver, the leadership principles you've committed to, and for the high standards of conduct with which you approach your duty. Congratulations to all of our nominees, and a special congratulations to our award winners."